

# LEAGUE LINES



**A Newsletter of the League of Women Voters of Umpqua Valley**

**P.O. Box 2434, Roseburg, OR 97470**

[lwwuv.wordpress.com](http://lwwuv.wordpress.com)

## FALL 2017

|                                     |                  |  |  |   |
|-------------------------------------|------------------|--|--|---|
| <b>Tuesday<br/>September<br/>19</b> | <b>7-8:30 PM</b> | <b>Umpqua Valley<br/>Arts Center<br/>Gallery Room</b><br> | <b>1624<br/>Harvard<br/>Roseburg<br/>97471</b> | <b>Ice Cream<br/>Social</b>                 |
| <b>Tuesday<br/>October 17</b>       | <b>7-8:30 PM</b> | <b>Umpqua Valley<br/>Arts Center<br/>Gallery Room</b>  | <b>1624<br/>Harvard<br/>Roseburg<br/>97471</b> | <b>TBA</b>                                  |
| <b>Tuesday<br/>November<br/>21</b>  | <b>7-8:30 PM</b> | <b>Umpqua Valley<br/>Arts Center<br/>Gallery Room</b>  | <b>1624<br/>Harvard<br/>Roseburg<br/>97471</b> | <b>Diversity AFS<br/>Guest<br/>Speakers</b> |

### **New Meeting Location**

The LWVUV Board has signed an agreement securing a meeting room at the Umpqua Valley Arts Center, 1624 West Harvard, Roseburg, for our monthly membership meetings. The agreement is for the whole year, and the Board is happy to find a new meeting place since the library closed down.

Of course, we hope the library reopens soon, but for now we will meet in Sep., Oct., Nov., Jan., Feb., Mar., and Apr. at the Arts Center at 7PM to 8:30PM on the third Tuesday of those months. Note: there will not be a regularly scheduled meeting in December, but watch for developments of other interesting events.

On meeting nights we will need helpers at 6PM to set up tables and later to take them down again. Please join in. Many hands make for short work.

Our first meeting there is on Tuesday, September 19<sup>th</sup>. Come for an ice cream social and to become reacquainted.



Greetings LWVUV Members:

In tumultuous times, it can be helpful to step away from the ruckus and reaffirm what we stand for.

***“The League of Women Voters, a nonpartisan political organization, encourages informed and active participation in government, works to increase understanding of major public policy issues, and influences public policy through education and advocacy.”***

This means that we have faith in a system where governing is undertaken by the people for the public good.

At the national level, the LWVUS continues to work against voter suppression, gerrymandering, the undue influence of money in politics, and anything that jeopardizes fair elections. It is also undertaking a transformation of the LWV organization with the goal of making it more welcoming and accessible to all people who share the mission.

At the state level, the LWVOR continues to work to improve Oregonians’ access to voting, studies issues, and advocates for legislation that will improve the quality of life for Oregonians.

At the local level, the LWVUV strives to educate the public about what’s happening in our community. We want to be part of making it a better place to live. We welcome you to be part of the effort. There are many ways to be involved. Please plan to attend our **Ice Cream Social on September 19, from 7:00-8:30**, where we’ll reconnect and enjoy a treat in our new venue at the **Umpqua Valley Arts Center**. We will also hear from some of our members who are passionate about making things better. Bring a friend or two and your fresh ideas.

Transformation means we are able to be creative and try new ways to excite interest in participatory democracy.

We plan to start holding First Tuesday Talk Times again, starting **October 3**, from noon-1:00.

This is a casual hour of discussion. Bring your lunch if you’d like and we’ll provide beverages

and snacks. We'll be meeting at 428 SE Chadwick, in a space graciously offered by Dr. Marcia Hall.

One topic of discussion will be consideration of how we can act locally in accordance with the following position on Civil Discourse, adopted by the state League at the LWVOR convention in May.

***“Promote civil discourse through action and education for all government bodies, staff, and citizens for the purpose of improved public policy decisions and processes. Civil discourse means, at a minimum, mutually respectful, courteous, constructive, and orderly communication.”***

Let's stand along with other community leaders for a civic life that is dedicated to governance in the interest of the citizens with respect for all. Let's encourage thoughtful, factual discussions of important issues. Let's work with others to build bridges to a brighter future. And let's see if we can have some fun doing it!

In League,  
Jenny Carloni  
LWVUV President



Our local League needs input from our members. Did you know we have 65 members, which is the most we have had in some time? Some of you are new members and others have been with us for many years. We also have three Lifetime members who have more than 50 years with League, which qualifies them for membership without paying dues.

The new League year starts in September with League meetings, and goes until May 2018 when the Annual Meeting finishes our fiscal year. During the summer there is a League Retreat for new planning for the next fiscal year, September 2018. So you see we want feedback: are there interests and ideas for upcoming meetings, educational events and forums which you would like to see our League organize? We have much to choose from as this will be an election year, and so much is happening right now in our own community.

Some ideas are to resume our First Tuesday Talk Times, to examine the Home Rule Charter, to learn more about CASA, (Court Assisted Special Advocates), and to hear from local experts on the status of health services in our community. Exploring diversity here in Douglas County is also a topic of interest. We have a Civics Education committee and a Listening Project committee. League positions based on League studies allow us to advocate and educate the public. We look forward to hearing your ideas at our kick-off meeting September 19.

Sally McKain, Membership Chairman



HOW TO HAVE FUN  
WHILE  
RAISING  
MONEY  
FOR THE LWVUV!



2018 will be our 7<sup>th</sup> Annual Spring Garden Tour. If you have not attended one of our garden tours, you may like to consider making a day of it next summer. It is a one day self-guided tour of five or six gardens. We strive to make this day a real community event by involving local eateries, artists and musicians. It is also a great opportunity to ask a gardener for tips and for ideas of what to do in your own garden space.

The 2018 tour will be in the Garden Valley area. The western most garden next summer is on San Souci Drive, and at the time of this writing the eastern most is on Old Garden Valley Road, half way to River Forks Park.

Our goal in setting up these gardens is to include gardens of varying sizes, unusual concepts, and interesting layouts.

One of the 2018 gardens is a low-moisture garden; clever arrangements of rock, shrubs, potted plants, and a Bottle Tree or two! This particular gardener designs her various beds and vistas from views out the windows of her home, and she invites you to take a step inside to see what you think! (She happens to be a collector of all things vintage, and her home is a veritable display case!)

Another garden is unique in that miniature versions of some classic plants are used in a rather extensive Miniature Asian Garden! Around the corner and up a small incline this same gardener has a Hobbit Garden. The artist at this location will be selling *fairy houses*, as were

sold on the 2016 tour.

There is always something interesting and fun going on during the League’s Annual Spring Garden Tour so, bring a friend or a family member, give a ticket as a **Mother’s Day** gift, and if you’re not a gardener, come to enjoy the music and do some early Christmas shopping from our local artists!

The exact date has not been set, but it has usually been the 2nd weekend in June.

Nancy Farris  
Garden Tour Chair

## BLUE ZONES PROJECT

LWVUV member, Juliete Palenshus, was recently hired to serve as Engagement Lead of the Blue Zones Project®-Umpqua. Blue Zones Project is a nationally respected, community-led well-being improvement initiative designed to make healthy choices easier through permanent changes to a city’s environment, policy, and social networks.



Established in 2010, Blue Zones Project is inspired by Dan Buettner, a National Geographic Fellow and *New York Times* best-selling author who identified five regions of the world—Blue Zones®—with the highest concentration of people living to 100 years or older. Blue Zones Project incorporates Buettner’s findings and works with cities to implement policies and programs that will move a community toward optimal health and

well-being. Currently, 42 communities in nine states have joined Blue Zones Project, impacting more than 3.3 million Americans nationwide.

In April of this year Umpqua, along with Grants Pass and The Dalles, were named Blue Zones Project Demonstration Communities. Currently the Umpqua team is focused on guiding strategic planning, setting up a volunteer governance structure, and conducting early awareness-building efforts. Implementation activities will begin in the late fall.

Graduating with honors from Central Washington University, Juliete earned a degree in International Relations, with minors in Spanish, Latin American Studies, and Environmental Studies. Her professional background includes government, social services, and nonprofit management. Her commitment toward the achievement of a vibrant and thriving community has been demonstrated in her civic roles. She served as a champion for health as the executive director of UC-VEG and as a community advisory councilor for Umpqua Health Alliance. She is

currently serving on the Umpqua Valley Arts Association board of directors and the NeighborWorks Umpqua marketing committee and is also the chair of the Summer Arts Festival. Last year, she ran for Roseburg City Council in Ward 3 on a platform that integrated many of the health and wellness strategies she learned from Blue Zones areas.

Juliete will apply her community engagement skills to Blue Zones Project, focusing on driving communication efforts for the initiative while managing activities that inspire people to engage with Blue Zones Project practices and resources. She is thrilled to contribute her 16-year background in philanthropic efforts to her new position.

In order to become a certified Blue Zones Demonstration Community, a community must adopt a critical mass of policies and projects in three policy areas: Built Environment, Food Policy, and Tobacco/Smoking Environment. In the next few months, Blue Zones Project-Umpqua will convene policy summits hosted by national policy experts. Following each gathering, the facilitator will gather the priorities selected by the stakeholders in attendance to create a report that will guide the work of the initiative. You are all encouraged to attend and share your local expertise and experience.

- Food Policy: Sept. 14, 4-7 p.m., Umpqua Valley Arts Association

- Built Environment: Sept. 27, details TBA

- Tobacco/Smoking Environment, details TBA

Look for RSVP and event information on Facebook. Please join us!

For more information, or to stay informed or volunteer with Blue Zones Project-Umpqua, contact us at:

BlueZonesProjectUmpqua@sharecare.com

**Save the Date:**

**Sat., Oct. 21, 2017**

**Fall Workshop 2017**

**Lane Community College**

The state League, LWVOR, is once again holding a training day on current and timely topics. This one will be in Eugene at Lane Community College. The day's theme is "Mediating the Message – The League's Role in the 21<sup>st</sup> Century".

All members are invited to attend this very interesting event. You get to meet and chat with League members from around the state, and hear great presenters on current issues.

And better yet, if the cost is deterring you, the LWVUV Board would like to pay the registration fee to help you attend. Registration is anticipated to be \$30, and your League will pay that amount. Attendees are responsible for their lunches, which may be purchased for \$14 via the registration form.

Carpooling from Roseburg is an option.

- If you are a new member, call to let us know you would like to go, or
- If you would like to carpool to Lane Community College to and from Roseburg.

Please contact Robin Wisdom 541-672-6982 or email [rwisdom@jeffnet.org](mailto:rwisdom@jeffnet.org).

Watch for more info soon! Registration will begin in a few weeks.

**LWVUV Board Members 2017-2018**

President: Jenny Carloni  
 Secretary: Julee Wright  
 Treasurer: Robin Wisdom  
 Membership: Sally McKain  
 Garden Tour: Nancy Farris  
 Member at Large: Tina Arredondo  
 Member at Large: Sandra Huffstutter

Bentley Gilbert has resigned his position as League Vice-President. We thank him for his service.

**Dues will be collected at the October and November general meetings or you may send your dues in to the address below.**

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**Yes! I want to join the League\_\_as a renewing member \_\_as a new member.**

I am enclosing:

- \_\_\_ \$60 for Individual Membership
- \_\_\_ \$90 for two Household Members
- \_\_\_ \$30 for Student or Limited Income Member
- \_\_\_ \$ \_\_\_ Contribution to LWVUV budget (not tax-deductible)
- \_\_\_ \$ \_\_\_ Total to LWVUV (not tax deductible)
- \_\_\_ \$ \_\_\_ Contribution to LWVOR (tax deductible; requires separate check to LWVOR)  
 (LWVUV can use these funds for educational projects or Per-Member-Payment to LWVUS)

**Please mail your check(s) and form to Treasurer Robin Wisdom, 1260 Arcadia Drive,  
 Roseburg OR 97471**

For more information, contact President Jenny Carloni, 541-672-1914,  
[jennifer.carloni@gmail.com](mailto:jennifer.carloni@gmail.com) or